

8th Cyprus Dietetic and Nutrition Association Conference with International Participation



The conference is addressed to Dietitians, Clinical Dietitians,
Nutritionists, Food Scientists, Food Technologists,
Health Professionals, Medical Specialists.

Theme: "Nutrition Findings from Around the Globe"

27-30/11/2014 (27 November open for the public)

Hilton Park Hotel - Nicosia – Cyprus

www.cydadiet.org

1st Announcement

Organized by:



Under the auspices of:



Ministry of Health



Cyprus Registration Board for
Food Technologists, Food Scientists
and Dietitians

CyDNA is a member of the:

European
Federation of
the Associations
of Dietitians



CONFERENCE SECRETARIAT
Top Kinisis Travel Public Ltd

Tel: +357 22713780 – Fax: +357 22869744

E-mail: synedrio@topkinisis.com

CyDNA Food and Nutrition Conference & Exhibition

The scientific programme is being reviewed for CPE /CME

► Conference Committee



Chair of Organizing Committee

Andreou Eleni

Members of Organizing Committee

Chappa Georgia

Constandinidou Nicoletta

Kakouri Stella

Kalli Procopis

Ntorzi Nicoletta

Pahita Anna

Philippou Christiana

Tsokkou Panayiota

► Scientific Committee

Andreou Eleni

Chappa Georgia

Kalli Procopis

Ntorzi Nicoletta

Pahita Anna

Philippou Christiana

► Financial Committee

Philippou Christiana | **Chair of FC**

Andreou Eleni

Chappa Georgia

Kalli Procopis | **Treasurer**

► CyDNA Board

Dr Andreou Eleni |

Dr Philippou Christiana |

Michaelidou Polly |

Kalli Procopis |

Ntorzi Nicoletta |

Pahita Anna |

Tsokkou Panayiota |

President

Vice President

Secretary

Treasurer

Assistant Secretary

Member

Member

Message from the Conference Chair, CyDNA President

Dear dietitian, nutritionist and other health professional colleagues,

The 8th Cyprus Dietetic and Nutrition Association (CyDNA) Conference with the theme 'Nutrition Findings from Around the Globe' will take place in Nicosia, Cyprus in November 2014 (27-30/11/2014). We expect a participation of more than 200 dietitians and nutritionists. This will be a wonderful and multicultural encounter not only from a humanistic point of view but also because it will make possible to exchange professional experiences among dietitians from Cyprus and abroad.

The conference will cover new challenges for dietitians and would like to make them aware that with their day-to-day work they can immensely contribute to a better world to the future generations. A sustainable diet is the key to take care of our planet: while being respectful to the environment, it also enables us to utilize new evidence based nutrition findings from around the world.

Nowadays, in many countries around the world, lots of families have to face the important economic recession prioritizing the price of their food basket without taking into account their health or the environment protection.

We, dietitians and nutritionists, have a very crucial role in advising and educating people towards a healthy and economic nutrition that should also be sustainable. It's time to support each other!

For this reason, the Cyprus Dietetic and Nutrition Association has the pleasure to invite you to its 8th CyDNA Conference so we can all approach together the main area of: Nutrition Findings From Around the Globe!

The CyDNA supports its members and fulfills its mission by fostering and reinforcing research in human nutrition; providing opportunities for sharing, disseminating, and archiving peer-reviewed nutrition research results; fostering quality education and training in nutrition; upholding standards for ethical behavior in practice and research, the protection of humans through sound nutrition practice, and the care and treatment of people needing nutrition intervention; providing opportunities for support among dietitians and nutritionists; and bringing scientific knowledge to bear on nutrition issues through communication and influence in the public and health domain.





2014

Theme: "Nutrition Findings from Around the Globe".

Sessions of the Conference:

*Topics Include:

- European Professionalism: Managing Ethical and Legal Aspects of Your Practice
- Insulin Pump Therapy - Nutrition Intervention
- Metabolism and Nutrition
- Food Hypersensitivity
- Food Demonstration: Cooking for people with Food Hypersensitivity
- Nutrition and the brain: You are what you eat
- Evidence based topics on Nutrition
- Nutritional Research and Intervention
- Debate: Meal replacement Vs Nutrition Plan
- Renal and Nutrition Findings
- Hormonal regulation and risk factors for child obesity
- Nutrition Support
- Workshop: Eating Disorders Nutrition Education
- Book Presentations and Highlights of 2014
- Nutrition interventions of the obese cancer patient during treatment
- Social Media and Dietetics
- Fad Diets
- Workshop: Weight Management
- Poster Session / Announcements / Oral Presentations
- Presentation by companies
- Book Presentation

This 3 day conference (plus the event - open for the public) covers subjects by an international and local faculty of experts.

The subjects have been selected to give a broad and in depth overview of a number of contemporary and traditional topics in dietetics and nutrition. The conference is addressed not only to dietetic/nutrition professionals but also to physicians, trainees, nurses, and other health professionals.

The conference will offer CME/CPE hours.

On behalf of the organizing committee, I would like to express our gratitude to all of our supporters for making possible this conference and the concurrent food & products exhibition.

We are looking forward to seeing you at the conference and hope that you will find it educational, stimulating, with a great opportunity to network with other health professionals.

Dr Eleni P Andreou-Georgaki, RDN, DProf
Chair
President of CyDNA



TIME	PROGRAMME
THURSDAY 27 NOVEMBER 2014	
18:00 - 18:30	Registrations
18:30 - 20:30	Panel open for the public (session in Greek)

TIME	PROGRAMME
FRIDAY 28 NOVEMBER 2014	
07:15 - 08:00	Registrations
08:00 - 09:00	Insulin Pump Therapy-Nutrition Intervention
09:00 - 10:00	European Professionalism: Managing Ethical and Legal Aspects of Your Practice

09:00 - 10:00	<ul style="list-style-type: none"> ● The European Dietitian; Time for Standardized practice ● From evidence analysis to Guidelines to practice
10:00 - 11:00	Opening Ceremony / Opening of the exhibition
11:00 - 11:30	Coffee Break
11:30 - 12:30	Metabolism and Nutrition
	<ul style="list-style-type: none"> ● Glycaemic index: Application of research evidence to dietetic practice ● New tools for assessing obesity ● Brown Adipose Tissue and its regulation to fat storage
12:30 - 13:30	Food Hypersensitivity
	<ul style="list-style-type: none"> ● The spectrum of gluten related disorders ● Food Intolerance, Food Hypersensitivity, Food Allergies Dietary- what is their gray line ● Celiac Disease and Type 1 Diabetes: Nutrition Screening, Counselling and Treatment
13:30 - 14:30	Lunch Break
14:30 - 15:30	Food Demonstration: Cooking for people with Food Hypersensitivity
15:30 - 16:30	Nutrition and the brain: You are what you eat
16:30 - 17:00	Coffee Break
17:00 - 18:00	Evidence based topics on Nutrition
	<ul style="list-style-type: none"> ● The action of fatty acids and the risk of cardiovascular diseases: how complicated is the puzzle? ● The effect of dairy products in weight management

18:00 - 19:00	Nutritional Research and Intervention
	<ul style="list-style-type: none"> ● Nutrition Behaviour and Lifestyle for the maintenance of weight lost ● Tackling Childhood Obesity: Nutritional interventions and key strategies for prevention ● Vitamin D-new standards
20:00	Cyprus Night: Is igia- "εις υγεία" To your health! - Cocktail

TIME	PROGRAMME
SATURDAY 29 NOVEMBER 2014	
08:00 - 08:30	Registrations
08:00 - 09:00	Poster Session / Announcements/ Oral Presentation
09:00 - 10:30	On going topics of nutrition

09:00 - 10:30	<ul style="list-style-type: none"> ● Prevention and Management of Type 2 Diabetes through Lifestyle Modification ● Nutrition Labeling-how to use it ● Fad Diets - Are they really bad?
10:30 - 11:30	Debate: Meal replacement Vs Nutrition Plan
11:30 - 12:00	Coffee Break
12:00 - 12:30	Presentation by companies
12:30 - 13:30	Renal and Nutrition Findings
	<ul style="list-style-type: none"> ● Chronic Kidney Disease: Considerations for Nutrition Interventions ● Clinical indices of end-stage renal disease ● Clinical complications of renal diseases
13:30 - 14:30	Lunch Break
14:30 - 15:30	Hormonal regulation and risk factors for child obesity
15:30 - 16:30	Nutrition Support
	<ul style="list-style-type: none"> ● Tele-PROMETHEUS: A novel approach to inter-disciplinary education and life-long learning in highly demanding clinical environments ● New insights for Enteral and Parenteral Nutrition ● Nutritional Assessment and feeding methods in the ICU: New guidelines



16:30 - 17:00 Coffee Break
 17:00 - 19:30 Workshop: Eating Disorders, Nutrition Education
 20:30 Gala Dinner

TIME	PROGRAMME
SUNDAY 30 NOVEMBER 2014	
08:00 - 08:30	Registrations
08:30 - 09:30	Book Presentations and Highlights of 2014
09:30 - 10:30	Nutrition interventions of the obese cancer patient during treatment
10:30 - 11:30	Social Media and Dietetics <ul style="list-style-type: none"> ● Harnessing the Power of Web and Social Networks for Healthcare ● Interactive communication technologies for dietitian and conclusions
11:30 - 12:00	Coffee Break and Sandwich
12:00 - 15:00	Workshop: Energy intake strategies for optimizing body composition and weight management.
15:00	CLOSING SESSION

Simultaneous Translation Greek-English will be offered

New! Book authors may present their books at the conference.
 Please see Registration Form for further information



Call for Papers

Deadline for Abstract Submission: September 1st. 2014

Guidelines:

- Abstracts must be written in English
- Abstracts must be submitted as MS Word (.doc) file
- Maximum number of words used: 500 words
- Type the title of the abstract in CAPITAL BOLD LETTERS
- Write the name/s of author/s with initials preceding the last name, institution/s, city and country
- Underline the name of the presenting author only.
- Use double-space between the heading and the text of the abstract
- Specify your preference for ORAL or POSTER presentation
- Any abstracts received after the deadline will not be published
- In order to present (oral or poster) the presenting author needs to be registered, with own expenses, at the conference.

Method of Submission:

Please visit the Conference website www.cydadiet.org and upload your abstract in a PDF or Word Doc file by the 1st of September. Following the review of abstracts by the Scientific Committee, submitting authors will be notified of the acceptance of their papers by **September 22nd, 2014.**

Important Dates

Dates of Conference: 27 – 30 November 2014
 Deadline for Abstracts Submission: 1 September 2014
 Notification of Acceptance of Abstracts: 22 September 2014
 Deadline for Reduced Registration Fee: 2 October 2014



General Information

Duration: The scientific program of the conference will commence on Friday morning, 28th of November and will end on Sunday, 30th of November. The registration and information desk will be open throughout the duration of the meeting.

Registration: An online registration form is available on the conference web site: www.cydadiet.org. The registration form is also printable for participants who would like to submit their registration form to the Conference Secretariat by Fax. You may also use the enclosed registration form. Please submit your fully completed registration form by the 2nd of October 2014 to the Conference Secretariat in order to be entitled of the Reduced Registration fee.

Language: The official language of the conference is English. Simultaneous translation to Greek will be offered.

Venue: The conference will be held at the Hilton Park Hotel, only 5' drive from the city centre and 50' from Larnaca International Airport. Conveniently located close to museums and entertainment areas, it features a variety of meeting rooms and facilities capable of accommodating a large number of delegates.

Accommodation: Special rates have been granted by the Conference Hotel for the participants of the conference. Rooms will be reserved on a 'first come first served' basis. Please refer to the enclosed registration form or the conference website for rates and further information.

Exhibition: The exhibition will be running throughout the duration of the conference. The exhibition is open to the pharmaceutical, dietetic and nutrition industries. For opportunities of participation and further inquiries please contact the Conference Secretariat.

CONFERENCE SECRETARIAT
Top Kinisis Travel Public Ltd

Tel: +357 22713780 – Fax: +357 22869744

E-mail: synedrio@topkinisis.com

ΚΑΤΑΛΗΛΟ ΚΑΙ ΓΙΑ ΔΙΑΒΗΤΙΚΟΥΣ

P&P

Απόλαυση χωρίς περιορισμούς!

0% λιπαρά ζάχαρη

Fat Free Strawberry
All Natural
No Free No Sugar Added Ice Cream

Fat Free Vanilla
All Natural
No Free No Sugar Added Ice Cream

Fat Free Chocolate
All Natural
No Free No Sugar Added Ice Cream

Fat Free Vanilla & Chocolate
All Natural
No Free No Sugar Added Ice Cream

Fat Free Vanilla & Strawberry
All Natural
No Free No Sugar Added Ice Cream

με φυσική Stevia
ALL NATURAL SWEETENER

PAPAFILIPPOU
ICE CREAM

Το παγωτό μας

f papafilipouicecream