

# 1st Announcement

cydnaconference.com



## 11<sup>th</sup> Cyprus Dietetic & Nutrition Association International Conference

19-21 November, 2021

Hilton Nicosia Hotel | Nicosia – Cyprus

Organized by:



Under the auspices of:



CyDNA is a member of:



European Federation of the Associations of Dietitians

With the participation of:



*CyDNA Food and Nutrition Conference & Exhibition*  
*The scientific programme is being reviewed for CPE/CME*

# Message from the Conference Chair, CyDNA President

Dear friends and colleagues,

The Cyprus Dietetic and Nutrition Association (CyDNA) is pleased to announce the materialization of its **11<sup>th</sup> International Conference** with the theme **“Let’s Talk Dietetics: Collaboration to Evolve Practice, Improve Nutrition Care”**, taking place on the 19–21 of November 2021 in Nicosia, at Hilton Nicosia Hotel, Nicosia-Cyprus.

The conference will be a celebration for the 22 years (20+2) of CyDNA!

The conference will host panels and LLL from the Cyprus Society for Clinical Nutrition and Metabolism (CySPEN), Cyprus Metabolomic Network, Cyprus Atherosclerosis Society. In addition to the main conference and a Food and Nutrition Resources exhibition will run concurrently with the conference.

Our goal is to provide the delegates with the most up-to-date information on nutrition science, setting the stage for a productive and constructive dialogue. The Organizing and the Scientific Committee are committed to organizing a triumphant conference on a wide range of contemporary topics in nutrition and dietetics, with the participation of prominent Cypriot and foreign dietitians, nutritionists, scientists and health professionals. The three-day-conference covers subjects by an international and local faculty of experts. The subjects have been selected to give a broad and in depth overview of a number of contemporary and traditional topics in dietetics and nutrition.

The conference will also offer CME/CPE hours.

Finally, on behalf of the organizing committee, I would like to express our appreciation to all of our sponsors for making this conference possible and the concurrent food & products exhibition.

Looking forward to seeing you at the conference and hope that you will find it educational, stimulating, with a great opportunity to network with other health professionals.

Yours sincerely,

**On behalf of The Organizing and the Scientific Committee of the Congress**

*Dr. Eleni P. Andreou, RDN, CPD, DPRof, FHEA  
Chair of the Organizing Committee  
President of the Cyprus Dietetic & Nutrition Association*

# Conference Committee

---

## Chair of Organizing/Scientific Committee

Andreou Eleni

---

## Organizing Committee

Andreou Eleni (Chair)  
Agathaggelou Stephanie  
Angelidou Angela (Social Media)  
Attipa Maria  
Efthymiou Olga  
Hadjilucas Ellie  
Hileti Dona  
Kalli Procopis (Treasurer)  
Ntaflos Nikolaos  
Ntorzi Nikoletta (Secretary)  
Pahita Anna  
Papamichael Dimitris  
Philippou Christiana  
Philippou Elena  
Savva Andreas  
Tsokkou Yiota  
Vardakastani Dionisia

---

## Scientific Committee

Andreou Eleni  
Angelidou Angela  
Efthymiou Olga  
Hileti Dona  
Kalli Procopis  
Loucaides George  
Ntaflos Nikolaos  
Ntorzi Nikoletta  
Pahita Anna  
Papamichael Dimitris  
Philippou Christiana  
Tsokkou Yiota  
Vardakastani Dionisia

---

## Financial/Exhibition Committee

Philippou Christiana (Chair)  
Kalli Procopis (Treasurer)  
Andreou Eleni  
Ntorzi Nikoletta

---

## CyDNA Board

Dr Andreou Eleni - *President*  
Dr Philippou Christiana - *Vice President*  
Pahita Anna - *Secretary*  
Kalli Procopis - *Treasurer*  
Ntorzi Nicoletta - *Assistant Secretary*  
Ntaflos Nikolaos - *Member*  
Papamichael Dimitris - *Member*

# Theme:

## 20+2 year- Let's Talk Dietetics: Collaboration to Evolve Practice, Improve Nutrition Care

### Conference Highlights

- Profession of Nutrition and Dietetic
  - TEDEX related to Nutrition Science :How nutrition can be part of everyday life or How to motivate your patient or How your belly controls your brain or the ideal diet for human
  - Metabolomics
  - Chronic Diseases
  - Coaching your patients
  - Sports nutrition for success
  - Culinary nutrition
  - Food science
  - Life cycle nutrition
  - Redefining Aging and Embracing Longevity: Nutrition Opportunities Abound
  - Cutting-Edge Therapies for Small Intestinal Bacterial Overgrowth: From Risky Business to Evidence-Based Practice
  - Protein Timing: Is There an Anabolic Window of Opportunity?
  - Diversifying Our Practice and Our Plates
  - Waste? Not! How culinary labs are reimaging food waste
  - Food Recycling
  - Professional Relationships: Blurred Boundaries and Ethical Conundrums
  - Forging New Career Paths: The dietitians/ nutritionist Role in Associations
  - Open for the public session
  - Covid-19 and Nutrition
- ... and the scientific programme is not going to be limited to these topics

# Important dates

*Dates of conference* | 19– 21 November 2021

*Deadline for abstract submission* | 24 September 2021

*Notification of acceptance of abstracts* | 08 October 2021

*Deadline for reduced registration fee* | 18 October 2021

## General Information

### Duration

The scientific program of the conference will commence on Friday morning, the 19<sup>th</sup> of November 2021 and will end on Sunday, the 21<sup>st</sup> of November 2021.

### Registration

An online registration form is available on the conference web site: [www.cydnaconference.com](http://www.cydnaconference.com) on the registration section. Please make sure to register by the 18<sup>th</sup> of October, in order to be entitled of the reduced registration fee. If you need further information, please contact the Conference Management Company.

### Language

The official language of the conference is English. Simultaneous translation to Greek will be provided.

### Venue

Hilton Nicosia is ideally situated in the heart of Nicosia, in one of the most

prestigious residential areas, which provides an easy access to everything the city has to offer. This stunning hotel in Nicosia is the pinnacle of style, combining impeccable facilities with world class hospitality and service that the Hilton Hotels & Resorts brand is known for. Hilton Nicosia is a 56km from Larnaca International Airport and only few minutes' drive from the city centre.

### Exhibition

The exhibition will be running throughout the duration of the conference. The exhibition is open to the pharmaceutical, dietetic and nutrition industries. For opportunities of sponsorship and further inquiries please contact the Conference Management Company.

### Cyprus Dietetic and Nutrition Association

Tel: +357 22 452258

Fax: +357 22 452292

Email: [info@cydadiet.org](mailto:info@cydadiet.org)

Website: [www.cydadiet.org](http://www.cydadiet.org)

**For any inquiries or more information, please contact the conference management company:**

**TOP KINISIS**  
Conferences & Events

Tel: +357 22713780 - Fax: +357 22869744

E-mail: [synedrio@topkinisis.com](mailto:synedrio@topkinisis.com)

Website: [www.cyprusconferences.com](http://www.cyprusconferences.com)