



Turkish Society of Clinical Enteral &
Parenteral Nutrition and Hellenic
Association of Dietitians Nutritionists
Joint Meeting-2
Academy of Science in Nutrition
"Oncology Meeting"

24 - 26 October 2025

Radisson Blu Latvija Conference & Spa Hotel, Riga

www.nutrisyonakademisiriga.com



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24 October 2025, Friday

Multidiscipliner Approach Medical Nutritional Treatment - I

Session Chairs: *Seher Demirer, Mutlu Doğanay*

09.00 - 09.30 **Prevalence of Malnutrition Risk in Hospitalized Patients: Nationwide Data**
Mutlu Doğanay

09.30 - 10.00 **Clinical Nutrition Professionals in Malnutrition: Nutrition Support Teams**
Çetin Kaymak

10.00 - 10.15 Discussion

10.15 - 10.45 **Coffee Break**

10.45 - 11.15 **Malnutrition Screening and Assessment: Proactive Monitoring Tools**
Tuğçe Aytulu

11.15- 11.45 **Prehabilitation & ESMO Guidelines**
Mpletsa Maria

11.45 - 12.00 Discussion

12:00 - 13:30 **Lunch**

Multidiscipliner Approach Medical Nutritional Treatment - II

13.30 - 13.45 **The Metabolic Response to Immobilisation and Inflammation**
Birgül Dağ

13.45 - 14.00 **Nutritional Assessment and Identification of the Patient at Risk**
Müge Akmansu

14.00 - 14.15 **The Utility of Exercise in Promoting Muscle Metabolic Recovery in Acute and Chronic Wasting Condition**
Mpletsa Maria

14.15 - 14.30 Discussion

14.30 - 15.00 **Coffee Break**

Multidiscipliner Approach Medical Nutritional Treatment - III

15.00 - 16.30 **Open Session Discussion:** *Mutlu Doğanay, Çetin Kaymak, Tuğçe Aytulu*



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25 October 2025, Saturday

08:30 - 09:30 **Opening Ceremony**
Çetin Kaymak, Fani Preventi

Changing Nutritional Needs in Oncology
Session Chairs: *Çetin Kaymak, Seher Demirer*

09.30 - 09.45 **Nutritional Screening and Assessment in Cancer**
Derya Hopancı Bıçaklı

09.45 - 10.00 **Clinical Outcomes of Muscle Loss Prevention in Cancer**
Tsigkas, Alexandros

10.00 - 10.15 **Inflammation Based Nutritional Markers in Cancer**
Melda Türkoğlu
Discussion

10.15 - 10.45 **Coffee Break**

New Standards of Care in Oncology - I
Session Chairs: *Hülya Gökmen Özel, Mehmet Uyar*

10:45 - 11:00 **ESPEN Guidelines Update**
George Saltaouras

11:00 - 11:15 **Protein Requirements in Oncology Patients: Are They Being Met?**
Kolomvotsou Anastasia

11:15 - 11:30 **Diagnosis and Pharmacological Treatment Options for Functional Bowel Disorders**
Hüseyin Pala
Discussion

The Importance of Muscle Mass and Muscle Targeted Nutritional Intervention - I
Session Chairs: *Birgül Dağ, Mehmet Ali Nahit Şendur*

11.30 - 11.45 **Nutritional Intervention in Radiation Oncology**
Vuslat Yürüt Çaloğlu

11.45 - 12.00 **Nutritional Intervention in Medical Oncology**
Şuayib Yalçın

12.00 - 12.15 **Management of Nausea and Vomiting in Oncology Patients**
Mehmet Kubat
Discussion

12:15-13:30 **Lunch**



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25 October 2025, Saturday

New Standards of Care in Oncology - II
Session Chairs: Serdar Karaca, Banu Atalar

- 13.30 - 13.45 **Prehabilitation: Holistic Approach to Cancer Patients**
İrem Bilge Tekin
- 13.45 - 14.00 **High Protein & HMB & Vitamin D**
Uğur Selek
- 14.00 - 14.15 **High Protein & HMB & Arginine & Lysine in Diabetics**
Müge Akmansu
- 14.15 - 14.30 Discussion

14.30 - 15.00 **Coffee Break**

The Importance of Muscle Mass and Muscle Targeted Nutritional Intervention - II
Session Chairs: Tutku Soyer, Bülent Orhan

- 15.00 - 15.15 **Nutritional Interventions in Onco Surgery**
Mutlu Doğanay
- 15.15 - 15.30 **Nutritional Interventions in Palliative Care and Diabetic Patients**
Seda Banu Akıncı
- 15.30 - 15.45 Discussion



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26 October 2025, Sunday

Session Chairs: *Melda Türkoğlu, Seda Banu Akıncı*

- 09.30 – 09.45 **Nutrition Care in Intestinal Failure**
Çetin Kaymak
- 09.45 – 10.00 **Nutrition Care in GI Motility Disorders**
Mehmet Uyar
- 10.00 – 10.15 **Nutrition Care in Obesity**
Seher Demirer
Discussion

10.15 - 10.45 **Coffee Break**

Session Chair: *Hülya Başar*

- 10.45 – 11.00 **Rational Nutritional Treatment Use**
Ayça Sultan Şahin
Discussion

11.00 - 11.30 **Coffee Break**

- 11.30 -12:00 **Closing Ceremony**
Çetin Kaymak

12:00-13:30 **Lunch**

Scientific Secretariat



Meeting Organizer



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