



AKADEMİK GERİATRİ DERNEĐİ
Yaşama yıllar değil; yıllara yaşam katılır.



**Akademik Geriatri Derneđi ve
Helenik Diyetisyenler ve
Beslenme Uzmanları Derneđi
Ortak Toplantısı**

Beslenmede Bilim Akademisi “Geriatri Toplantısı”

7-9 Kasım 2025

Radisson Blu Latvija Conference & Spa Hotel, Riga





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7-9 Kasım 2025 / Radisson Blu Latvija Conference & Spa Hotel, Riga

8 November 2025, Saturday

08:30 - 09:30

Opening Ceremony

Meltem Halil

Dr. Varagiannis P Hellenistic Pen Society

09:30-09:45

Muscle-Targeted Nutritional Intervention

Chairs: Meltem Halil, Teslime Atlı

Changing Nutritional Needs: New Standards of Care

Meltem Halil

09:45-10:00

Muscle Loss in Neurological Patients

Ayşe Güler

10:00-10:15

Muscle Loss in Neurological ICU Patients: MASS Outcomes

Bijen Nazlıel

10:15-10:45

Discussion

10:45-11:15

Coffee Break

11:15-11:30

The Benefits of HMB

Zekeriya Ülger

11:30-11:45

Management of Pressure Ulcers: Nutritional Roles of HMB, Arginine and Glutamine

Gözde Şengül Ayçiçek

11:45-12:00

The Benefits of EPA, GLA and antioxidants in Tube-Fed Patients

Mert Eşme

12:00-12:30

Discussion

12:30-13:30

Lunch

13:30-13:45

Diabetes-Related Malnutrition and Nutritional Needs

Chairs: Deniz Suna Erdinçler, Hacer Doğan Varan

Diabetes-Related Malnutrition, Sarcopenic Obesity and Muscle Health

Aslı Tufan Çinçin

13:45-14:00

Changing Nutritional Needs in Diabetes-Related Malnutrition

Cafer Balcı

14:00-14:15

Standard of Care in Diabetes

Varagiannis P

14:15-14:45

Discussion

14:45-15:15

Coffee Break



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8 November 2025, Saturday

Adapting Nutritional Care and Empowering Healthcare Teams for Home-Based Geriatrics
Chairs: Murat Varlı, Kutay Demirkan

15:15-15:30

Nutritional Needs in Home Care Patients

Zeynel Abidin Öztürk

15:30-15:45

Home Care Model in Samsun

Erdirç Yavuz

15:45-16:00

Working as an RDN in a health care facility : educating patients about nutrition and administering medical nutrition therapy as part of the health care team for older adults

Amalia Tsagkari

16:00-16:30

Discussion

9 November 2025, Sunday

Comorbidities and Pain Management

Chairs: Teslime Atlı

09:00-09:45

Comorbidities in Geriatric Patients

Meltem Halil

09:45-10:00

Pain Management in Geriatric Patients

Cafer Balcı

10:00-10:15

Discussion

10:15-10:45

Coffee Break

10:45-11:00

Rational Nutritional Treatment Use

Kutay Demirkan

11:00-11:30

Take-Home Messages

Meltem Halil, A. Tsagari

11:30-12:00

Closing Ceremony

Meltem Halil, Varagiannis P

Bilimsel Sekreteryaya



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Toplantı Organizatörü



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